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Man dead after car rolls into river

RIDEAU A 23-year-old man is dead after the car he was driving rolled into the Rideau River early yesterday morning.

Police, paramedics and fire services all responded to the call at around 3:45 a.m. yesterday for an occupant trapped inside a car in the Rideau River off of River Road near Snake Island Road. Police said when officials arrived on scene, emergency crews found the vehicle upside down with the driver unconscious and with no vital signs, trapped underwater inside the car.

A police officer and paramedic climbed into the river and attempted to free the driver by breaking the door open with rescue axes and cutting his seatbelt with shears.

Using ropes and support from Ottawa Fire Service, he was lifted up the eight-foot embankment to the side of the road, where a second paramedic crew tried to resuscitate him.

Police said the driver was transported to hospital where doctors were able to briefly raise a pulse, but he was pronounced dead a short time later.

Police are still investigating the cause of the accident.

TIM WIECLAWSKI/ METRO OTTAWA

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AULK KEBLICZ/THE ASSOCIATED PRESS

The daughter of late Polish President Lech Kaczynski, Marta, kneels in front of her father's coffin as Kaczynski's twin brother Jaroslaw stands at left in Warsaw, Poland, yesterday. The president, his wife, Maria, and some of the country's highest military and civilian leaders died on Saturday when the presidential plane crashed as it came in for landing in fog in western Russia. More coverage, page 5.

'It's a catastrophe'

Ottawa's Polish community mourns tragedy that claimed nation's president

TIM WIECLAWSKI
tim.wieclawski@metronews.ca

Members of the Ottawa Polish community packed into St. Hyacinth Parish yesterday evening for a special memorial Mass held for the victims of the plane crash in Smolensk, Russia on Saturday.

Among the 96 deceased were Polish President Lech Kaczynski and his wife. Many of the passengers on the plane were Polish diplomats and high-ranking military personnel.

Roger Furmanczyk, president of Ottawa Polonia and his wife, Renata, met Kaczynski in October 2008 when they visited the John Paul II Catholic University in Lublin.

"It is a great shock and tragedy for us. The crash of 96 persons from Poland is a catastrophe for the Polish people here in Ottawa, Canada and the world," Furmanczyk wrote in a statement.

"This is terrible news for the Polish communities to lose so many great men and women in Poland this morning on their way to Russia to mark the 70th anniversary of the Katyn massacre, when the Soviets killed thousands of Poles."

There is almost no parallel of a country losing so many high-ranking members of the government in one day, said Ryszard Bojarski, a member of the Ottawa branch of the Polish Combatants' Association in Canada. Bojarski moved to Ottawa from Poland 20 years ago. His friends and family have told him that the entire nation is in a state of mourning.

"They are crying. It's a catastrophe, like someone died from their family," he said. "That's very sad."

Last night, St. Hyacinth held a memorial mass for all the reposed souls of the deceased. Polish Ambassador Zenon Kosiniak-Kamysz attended the service.

Hundreds sign book of condolence

- A book of condolence has been set up in the Polish Embassy at 443 Daly Ave. Prime Minister Stephen Harper and Opposition Leader Michael Ignatieff were among the first to sign. Hundreds of people have already signed the book and left flowers and candles on the stairs of the embassy. The book will be opened to the public until 7 p.m. all week.

Canadian soldier killed in Afghanistan

KANDAHAR A Canadian soldier was killed in a powerful roadside bomb blast while on foot patrol in a volatile community southwest of Kandahar City.

The attack that killed Pte. Tyler William Todd, 26, happened early yesterday near the community of Belanday, about eight kilometres outside of the provincial capital.

Brig.-Gen. Dan Menard, the commander of Canadian troops in Afghanistan, says Todd was on a routine patrol to learn more about the people of the village and their needs when the bombing happened.

"His enthusiasm and strong will were inspirational to his platoon," Menard said in a prepared statement.

A statement from the Prime Minister's Office said another Canadian soldier had been injured in the same incident. The Canadian military didn't confirm the injury as it no longer releases information on those wounded on the battlefield.

Stephen Harper expressed his "deepest condolences" to Todd's family and friends.

"The thoughts of an entire country are with you in this most difficult time," he said in a statement. "I also hope for the quick and full recovery of the other Canadian soldier injured in the same incident."

Todd would have been only weeks away from completing a six-month tour. He was from Kitchener, Ont., but based in Edmonton with the 1st Battalion, Princess Patricia's Canadian Light Infantry. His death brings to 142 the number of Canadian soldiers killed since the Afghan mission began in 2002. THE CANADIAN PRESS

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Local

Get a new leash on life

The Ottawa Humane Society is holding a promotion to encourage new dog owners to get outside with their four-legged companions. The first 10 OHS dogs, like Preston, a one-year-old chocolate lab mix, left, adopted for the remainder of the month will leave with an OHS-branded collar and leash. To learn more about dogs currently available for adoption call 613-725-3166 ext. 258 or visit ottawahumane.ca. METRO OTTAWA

Multivitamins aren't just for the winter, says author and pharmacist

HEALTH Spring is here, which means making some lifestyle and diet changes, said a pharmacist and preventative medicine specialist who will be speaking in Ottawa today and tomorrow.

"Now that we're into spring, people ask me, 'What should I be doing differently?'" said Sherry Torkos, the author of a best-selling book, the Canadian Encyclopedia of Natural Medicine, and 13 other books.

While many people take multivitamins in the winter, she recommends taking them year-round.

TRACEY TONG/METRO OTTAWA

metronews.ca
WHAT'S ONLINE TODAY

Photos Legendary folk singer Gordon Lightfoot plays before sold-out crowds at the National Arts Centre at **metronews.ca/local**

Video Teetotalling escape artist emerges from a 240-litre tank of beer in his latest stunt at **metronews.ca/canada**

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Cottage market heats up after slump

TRACEY TONG
tracey.tong@metronews.ca

It's another sign that the economy is recovering.

Cottage sales are starting to move again, and general activity is much stronger in the last couple of months than it was last year, said Ian Forsyth, manager of the Cottage Show and the Big Backyard Show, held concurrently at Lansdowne Park over the weekend.

Last year's shows were affected by the recession, said Forsyth. While attendance didn't take much of a hit, "I think there were certainly a lot of people who came and kept their wallets in their pockets."

This year saw a huge improvement. More than 12,000 people attended the shows, which featured 235 exhibitors, including landscapers, dock and deck builders, craftspeople and dealers for boats and watercraft, including kayaks, paddleboats and canoes.

TRACEY TONG/METRO OTTAWA

Mark Hurst of Hurst Marina shows nine-year-old Jayden Alp of Ottawa how to paddle a kayak at the Cottage Show at Lansdowne Park yesterday. Like many of the 12,000 people who attended the show, Alp's family has a cottage in the area.

The improved economy and the great weather this year have compelled more people to buy, said Mark Hurst of Hurst Marina.

"There's definitely more of a sense of urgency to buy," he said. "People have been putting off their purchases, but now, they're ready to act.

"We have a lot of water systems in the eastern Ontario area, and people like to venture to all of them," he said, noting that 12-foot kayaks have been selling well.

While the green movement is slowly slipping into all industries, it's always been in the cottage industry, said Forsyth.

"Cottagers tend to be more green anyway because of the environments that they have their cottages in," he said. "They really have an interest in preserving what they have at the cottage. It's very much in their consciousness."

Help the Earth, help yourself: Green wellness experts

TRACEY TONG
tracey.tong@metronews.ca

EXPO Wellness chiropractor Dr. Nathalie Beauchamp has always gotten a lot of health questions from her patients.

"I knew what questions my patients were asking me — is it worth it to eat organic, what kind of products to clean my house with," said Beauchamp.

After the same questions came up again and again, she was inspired to put all the answers under one roof, at the Green Wellness Expo.

"What you do for yourself is also good for the environment," Beauchamp said. "People are looking to make better decisions for themselves and their families."

Now in its fourth year, the show in Orleans attracted hundreds yesterday.

Beauchamp admits there's still a lot of work to do, but adds: "I think people have to acknowledge the fact that it's their health and that our health system is more of a crisis system."

There are many easy things people can do, she said, including eating natural foods and exercising.

As a society, we're more overweight than we've ever been, said personal trainer Janet Fougere: "People want to be healthy, but they don't know how to go about it because there's so much out there."

Local author, detox mentor and longtime raw foodist Natasha Kyssa also attended to bring awareness to the raw lifestyle. "People really need to be more mindful of what they're putting into their bodies," she said.

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Nickelback **Burn it to the ground**

MARC DESROSIERS/FOR METRO OTTAWA

Nickelback lead singer Chad Kroeger performs at Scotiabank Place last night. About 17,200 people attended the show.

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Soudas takes top communications job
Dimitri Soudas, currently the prime minister's official spokesman, will take on the job of director of communications. THE CANADIAN PRESS

Canada

Oversight marks confusion in pardons

Guide to screening for sex offenders lacks protocol

The government's own "best practice" guide for screening volunteers makes no mention of a critical step to identify pardoned sex offenders such as Graham James.

The oversight highlights the current confusion in the system for doing criminal background checks, and serves as a pointed reminder to organizations gearing up for the summer volunteer season to ensure they follow a rigorous screening protocol.

Under existing legislation that has been strictly enforced since last December, only the individual being screened can request a "vulnerable sector" search that would reveal a pardoned sex offence.

Yet Public Safety Canada's own "best practice guidelines for screening volunteers" does not explain vulnerable sector searches in detail, nor make clear that they must be initiated by the individual being screened.

A Public Safety spokesman said in an emailed statement that it's "implicitly understood that a vulnerable sector search is automatically part of the process."

The guide acknowledges that although a person may have received a pardon, the public safety minister may unseal the record to help screen those who would work with children.

Public Safety Minister Vic Toews is planning legislative changes to the screenings.

THE CANADIAN PRESS

Numerous

- There were 887 pardons granted to sex offenders in 2009-10 and 667 the year before, according to the National Parole Board. The RCMP reports it has files for 14,584 pardoned sex offenders in its national database.

Scan this code for more news.
See the Local page to learn how to scan.

Vancouver **Alley oop!**

DARRYL DYCK/THE CANADIAN PRESS

Members of the Fusion Athletic team of Chilliwack, B.C., are thrown in the air as they prepare for the Sea-to-Sky Cheerleading Championship in Vancouver yesterday. The competition is the largest outside of the United States with 2,700 athletes competing.

Why now, insiders ask of probe

GUERGIS You can't swing a dead cat around Parliament Hill without hitting a former staff member of Helena Guergis, which has some insiders wondering why allegations of wrongdoing are coming to light now.

The prime minister ousted her from the Conservatives Friday and called in the RCMP to investigate.

The move comes after a Toronto Star report alleged her husband Rahim Jaffer had bragged about having political influence.

A former staff member says anyone who worked with Guergis knew how incredibly close she and her husband were, and that they co-ordinated their schedules to be together.

Guergis calls the allegations against her "unfair and untrue."

THE CANADIAN PRESS

News in brief

WEATHER Inuit are helping scientists understand an essential fact of Arctic climate change, the weather's getting weirder. A new study in the journal Global Environmental Change has combined the observations of Inuit on the land with data.

THE CANADIAN PRESS

ShareYourViews
ottawaletters@metronews.ca

Norweigan newspaper says former bishop hiding out in Rome

Norwegian media reported former bishop Georg Mueller has been hiding at a convent in Rome since news broke that he admitted to child abuse. Trondheim daily Adresseavisen yesterday published a picture of a smiling Mueller it says was taken shortly after the 58-year-old left the side exit of an unspecified nun's order in Rome. THE ASSOCIATED PRESS

World

Astronauts get bolt work done

Spacewalking astronauts had to pull out a hammer and pry bar while attaching a big, new tank full of ammonia coolant to the International Space Station yesterday, successfully driving in a bolt after two frustrating hours. The 346-kilometre-high action unfolded on the 40th anniversary of the launch of Apollo 13.

THE ASSOCIATED PRESS

Poland grieves deaths

Bodies of president, leaders return home after plane crash

Poland's government moved swiftly yesterday to show that it was staying on course after the deaths of its president and dozens of political, military and religious leaders, even as tens of thousands of Poles expressed their grief over the plane crash in Russia that shocked the country.

New acting chiefs of the military were already in place and an interim director of the central bank was named yesterday, with work running as usual, said Pawel Gras, a government spokesman. It was a rare positive note on a day wracked by grief for the 96 dead and laced with reminders of Poland's dark history with its powerful neighbour. The Saturday crash occurred in thick fog near the Katyn forest, where Josef Stalin's secret police in 1940 executed thousands of Polish military officers in the former Soviet Union. President Lech Kaczynski and those aboard the aging Soviet-built plane had been headed there to honour the dead.

Tens of thousands of Poles softly sang the national anthem and tossed flowers at the hearse carrying Kaczynski's body yesterday to the presidential palace after it was returned from the site of the crash in Russia.

THE ASSOCIATED PRESS

Bitter irony for Poles

- When Poland lost its president and top military brass Saturday in a plane crash that killed 96, it also lost much of its living history and other elite members of society. It is a supreme bitterness that they died near, of all places, Russia's Katyn forest, where thousands of Polish officers were slain by Soviet forces in the Second World War in an attempt to eliminate some of the country's brightest.

U.S. takes gentler tone with Karzai

AFGHANISTAN U.S. officials yesterday went one step farther in their new gentler tact with Afghan President Hamid Karzai, expressing sympathy for the pressure he faces. U.S.-Afghan relations grew tense last week when Karzai lashed out against the international community, accusing them of perpetrating a "vast fraud" in last year's presidential polls.

THE ASSOCIATED PRESS

Pope's background questioned

VATICAN Long before entering Vatican life, Pope Benedict XVI won renown as a theologian and a German university professor, penning more than 40 books and winning a devoted following of students who respected his prodigious memory and brilliant mind. One thing absent from his resume? Significant time as a parish priest. Joseph Ratzinger only worked 15 months tending to a flock in the 59 years since taking his vows, instead closing himself in the ivory tower of academia. In his native Germany, Der Spiegel magazine has already declared his papacy a failure, speaking in its most recent issue of "the tragedy of a man who had set out to write books and, only near the end of his life, was summoned to assume the Herculean office at the Vatican."

THE ASSOCIATED PRESS

ScanLife

Sudanese to decide political future of president indicted on war crime.

Scan code for more.

Learn how to scan on the Local page.

News in brief

WEST VIRGINIA A pair of tall black boots and a lunch pail sat near the altar yesterday at the New Life Assembly church — a memorial to the 29 men killed in the worst U.S. mining disaster since 1970 and a thank-you to those who make their living inside the mountains. Some of those who died have already been laid to rest, though crews were still working yesterday to remove the bodies of several others who didn't make it out. Investigators will arrive today to try and figure out what caused the blast.

THE ASSOCIATED PRESS

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Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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Comment

Spreading paranoia on the buses

While restrictions on carry-on bags, hastily instituted after last Christmas' underwear bomber scare, have been eased for air travellers, Transport Canada seems to be intent on spreading alarmism here on the ground.

The current OC Transpo/STO security campaign, funded by the federal Transit-Secure Contribution Program, has as its slogan, "See something? Say something!" and encourages bus riders to keep an eye out for the unusual and report it to a dedicated hotline.

Some of the advice offered is sensible enough — warning passengers to be wary of suspicious packages lying around, for example.

But the wide-ranging orders to observe and report anything out of the ordinary seem a little impractical.

Some of the suggestions also border on the paranoid, like being on the lookout for "an individual taking photos or pictures in a location that has no particular interest, drawing maps or sketches, taking notes or wandering in the same location for an unusually long time."

The directive seems to go back to Transpo's obsession with cameras. Last year, even before this latest program of federally funded hyper-vigilance began, students were roused by Transpo security for taking pictures of a bus station for a school project.

It seemed a pretty clear overreaction. These public facilities are, after all, hardly a state secret. Anyone interested in seeing pictures can simply look at OC Transpo's website, where detailed views of major stations, photographed from above, are freely available. (Just don't tell the terrorists.)

Transpo, though, seems institutionally allergic to the presence of cameras apart from its own security monitors.

As Metro reported last week, driver Allen Roulston was fired in March after complaining of Transpo employees buying and selling pirated materials in the drivers' lounge at headquarters.

As part of his training, he had been instructed to report any illegal activity on OC Transpo property. He documented his complaint with photos and videos and he alleges he got the boot for his troubles.

Meanwhile, as OC Transpo warns us to be on the lookout for shadowy terrorist operatives, three passengers were mugged near major bus stations last month.

Steve Collins lives, writes and walks in Ottawa; ottawaletters@metronews.ca

Views

Reaching the fork in life's crossroads

Today is my final column. In a few weeks I'll start my first charge as a United Church of Canada minister. It's the practice of my church to assign new pastors to churches that can't otherwise attract a minister. Usually, this is because these places can't offer perks such as, I don't know, proximity to a major city ... indoor plumbing ... protection from wolves. All I can say is, a spiritual life is not for sissies.

Last week I invited readers to send in questions on ... just about anything. Here's a sampling:

One reader asked, "How can I stop worrying?" Remember, worrying is the Spanx® of the emotional spectrum. You feel like you're doing something to address the problem but really you're not. Why bother?

Yasmeen asked, "How can I get rid of the squirrels in my attic?" There's nothing more annoying than trying to sleep while squirrels are enjoying intimate relations above your head. And, yes, Yasmeen, I know a 99.9 per cent effective method of squirrel removal. Collect some TNT, a burlap sack and a rocket launcher and message me back.

Samantha wants to know how to get people to stop feeding pigeons and how to deal with the pigeon eggs on her balcony. I would ask, are the people feeding the pigeons directly below your balcony? And, are you a decent aim?

Lorraine asked, "What's your philosophy of life?" I'm with the Buddhists, who say life is a constant round of building up and falling away, building up and falling away. Our task is to become as comfortable with the falling away as we are with the times of building. So, when I find myself at a crossroad in life, or feeling that everything I've built is "falling away" I sit back, open myself to the universe and repeat this mantra, "Ohmygodnoooooooooooo!" at the top of my lungs. So far, this hasn't helped much. But then, life is a work in progress, isn't it?

Keep in touch via annehines.com.

And thanks to all. I've loved sharing your Monday mornings!

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

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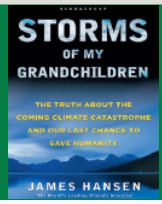
Going Green



Future shock

The book Storms of My Grandchildren lays all the cards on the table in this thorough, detailed analysis of the history, science and politics of climate change, a Silent Spring-style warning cry that predicts "a rough ride" for our grandchildren. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

In brief

HOLD YOUR BRAKES Rapid acceleration and braking can lower your gas mileage by five per cent around town and 33 per cent on the highway, or an average of $0.55 per gallon. And, you get less mileage for your money if you drive over 60 mph. METRO NEWS SERVICES

Weed out chemicals from lawn

BEN KNIGHT
for Metro Canada

Were you working on your lawn this weekend? Are you dreaming of a summer of lush, green grass at the front or back of your home?

Pesticides and herbicides were a fact of gardening life in this part of the world for decades. But with pesticides banned in Halifax, the provinces of Ontario and Quebec, and a growing list of communities all over Canada, is it still possible to get the green, weed-free grassy expanse so many of us desire?

"The only thing you're giving up is an unsustainable monoculture and the nasty smell and toxic fumes," says Sharyn Inward, executive assistant with Green Communities Canada in Peterborough, Ont.

If you think it's going to be frustrating and difficult to green your green, Inward is delighted to disagree.

"The first thing you want to do at this time of year is rake your lawn" Inward says. "Just picking up stuff that has matted in there. It's call dethatching. All that stuff is valuable mulch.

"Then you aerate, and that's just poking holes in the lawn. You can use a pitchfork, and there's also special spiked shoes, or you can have a commercial landscaper come by and do it for you."

Overseeding your lawn thickens the grass. Letting it grow two to two-and-a-half inches tall makes it almost impossible for weeds to take hold.

"What people can also do is grow clover. It actually feeds the grass because it fixes nitrogen in the soil. And clover is green! You can encourage this slow-growing plant to complement your grass, and feed it at the same time to make your lawn a bit greener than your neighbour's in the middle of the summer when there's a drought."

Inward says good grass rises — literally and directly — from well-maintained soil. And it's not just your grass that benefits.

Pets and people become a lot safer when aggressive, destructive chemicals are put aside. Inward cautions that dogs are more susceptible to cancer than humans, particularly because of their shorter lifespans.

"The advanced stages of this are to minimize the lawn," she notes

"If you have a shade tree, for example, it's a losing battle to have lawn underneath. You should just mulch the whole area and plant shade plants. And you can also have more garden beds, which are easier to care for than a lawn."

There are many ways to grow a lush lawn without using harmful herbicides and pesticides, experts say.

Ontario

NOTICE TO SECURITY INDUSTRY WORKERS

On April 15, 2010, a new regulation prescribing basic training and testing requirements for security guards and private investigators will come into force.

New Applicants

New applicants for a security guard or private investigator licence, who have not been licensed by April 15, 2010, will have to complete a basic training course and pass the prescribed test before their application can be considered.

Existing Licence Holders

Existing licensees do not need to take the basic training course if they pass the test before the renewal of their licence.

Those whose licences **expire between April 15 and July 15, 2010,** will not be required to pass the test until their 2011 renewal.

Those whose licences **expire on or after July 16, 2010,** will have to pass the test before the expiry of their current licences in order to renew them.

Training and Testing

Training will be available through licensed agencies, public universities and colleges, and private career colleges. Registered business entities may also train their own employees.

The test will be available after April 15 and individuals may write the test more than once if necessary. However, existing licensees must pass the test before their renewal date.

For more information, please visit the ministry's website at www.ontario.ca/securitytraining or call the Private Security and Investigative Services Branch, Ministry of Community Safety and Correctional Services at 416-212-1650 or toll-free at 1-866-767-7454.

Paid for by the Government of Ontario.

MasterCard to open web mall

Through a partnership with an Internet company, MasterCard is set to launch a web mall today that it says can pinpoint what its cardholders are likely to purchase. METRO NEWS SERVICES

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Lifeline for Greece

Eurozone nations offer debt-laden country loans

Desperate to halt the Greek debt crisis that has hammered the euro, fellow eurozone governments tossed it a financial lifeline yesterday, saying they would make €30 billion ($40 billion) in loans available this year alone — if Athens asks for the money.

The International Monetary Fund stands ready to chip in another €10 billion, said Olli Rehn, the EU monetary affairs chief.

The promise — filling in details of a March 25 pledge of joint eurozone-IMF help — was another attempt to calm markets that have been selling off Greek bonds in recent days. Markets viewed the March pledge as too vague and carrying such tough restrictions that made it difficult for Greece to access any money.

As a result, investors demanded high rates to loan to the government as it struggles to avoid default and pay some €54 billion in debt coming due this year — rates the government says it can't go on paying.

In an emergency video conference, the finance ministers of the 16 eurozone nations agreed on a complex three-year financing formula that generates an interest rate of "around five per cent."

This is less than commercial market rates — which have soared above seven per cent on Greek 10-year borrowing in recent weeks as the debt crisis dragged on — but more than beneficiaries of IMF usually pay.

THE ASSOCIATED PRESS

NIKOLAS GIAKOUMIDIS/THE ASSOCIATED PRESS

Demonstrators protest outside the Greek Orthodox Cathedral in Thessaloniki, Greece yesterday. The Greek government will tax the Church's landholdings to gather revenue to help overcome the country's largest debt crisis in decades.

Cash-strapped Dubai sets up financial planning team

UAE Dubai's government said yesterday it is creating a finance team tasked with drafting a four-year financial plan and making recommendations on fiscal needs in the cash-strapped emirate.

The new body will operate under Dubai's finance department and report to the existing Supreme Fiscal Committee, which is chaired by Sheik Ahmed bin Saeed Al Maktoum, a top aide and uncle of Dubai's ruler.

"By forming the Dubai Government Finance Team, the government is emphasizing the need for further co-operation and co-ordination between the various components of the emirate's financial system," Dubai's media office said in an emailed statement.

Dubai is scrambling to work itself out from more than $80 billion US in debt amassed by the sheikdom and its many state-linked companies.

The semiautonomous city-state, one of seven that make up the United Arab Emirates, shocked global markets in November when it sought to delay repaying billions of dollars owed by its conglomerate Dubai World.

THE ASSOCIATED PRESS

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See the Local page to learn how to scan.

Business in brief

CP RAIL Canadian Pacific Railway Ltd. and the union representing workers that build and maintain track and machinery have reached a tentative three-year contract. The memorandum was announced late Saturday by the Calgary-based company and the Teamsters Canada Rail Conference Maintenance of Way Division. No details have been released. There is no word on when a ratification vote by union members will be held.

CHINA For the first time in six years, China's imports in March outpaced its exports, leaving a $7.24 billion US shortfall that Beijing says reflects a trend toward more balanced trade but is likely to be short-lived. Last month's trade deficit with the rest of the world may buy China some respite from building pressure to revalue its currency, though its surpluses with the United States and Europe remain as robust as ever.

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Koe takes curling title

Canada defeated Norway 9-3 in eight ends yesterday to capture the world men's curling championship. Kevin Koe's rink ended the contest emphatically. With Norway sitting two, Koe registered a double takeout with his final stone that also scored two. THE CANADIAN PRESS

Sports

Magic centre honours crash victims

Orlando Magic centre Marcin Gortat, left, had more important issues on his mind than basketball yesterday. The native of Poland paid tribute to his homeland's president, who was killed along with 95 others in a plane crash in Russia. Gortat wrote the number of the fatal flight on his sneakers before the Magic played the Cleveland Cavaliers and wrote President Lech Kaczynski's name on the tape around his wrist. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Boston 4 Washington 3 (SO)
Detroit 3 Chicago 2 (OT)
Los Angeles 2 Colorado 1 (OT)
New Jersey 2 Buffalo 1
Philadelphia 2 N.Y. Rangers 1 (SO)
Tampa Bay 3 Florida 1
Pittsburgh 6 N.Y. Islanders 5 (OT)
Edmonton at Anaheim

EASTERN CONFERENCE PLAYOFF MATCHUPS

Washington (1) vs. Montreal (8)
New Jersey (2) vs. Philadelphia (7)
Buffalo (3) vs. Boston (6)
Pittsburgh (4) vs. OTTAWA (5)

WESTERN CONFERENCE PLAYOFF MATCHUPS

San Jose (1) vs. Colorado (8)
Chicago (2) vs. Nashville (7)
Vancouver (3) vs. Los Angeles (6)
Phoenix (4) vs. Detroit (5)

NBA

YESTERDAY'S RESULTS

Chicago 104 Toronto 88
Miami 111 New York 98
Orlando 98 Cleveland 92
Portland 91 L.A. Lakers 88
Minnesota at New Orleans
Oklahoma City at Golden State
Houston at Phoenix

MLB

YESTERDAY'S AL RESULTS

Toronto 5 Baltimore 2
Boston 8 Kansas City 6
Chicago White Sox 5 Minnesota 4
Detroit 9 Cleveland 8
N.Y. Yankees 7 Tampa Bay 3
Oakland 9 L.A. Angels 4
Texas 9 Seattle 2

YESTERDAY'S NL RESULTS

Cincinnati 3 Chicago Cubs 1
Colorado 4 San Diego 2
Florida 6 L.A. Dodgers 5
Philadelphia 2 Houston 1
Washington 5 N.Y. Mets 2
Arizona 15 Pittsburgh 6
Atlanta at San Francisco
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Emotional win for Mickelson

Even sweeter than Phil Mickelson slipping into another green jacket was seeing his wife waiting for him behind the 18th green yesterday at Augusta National with tears streaming down her face.

Amy Mickelson had not been at a golf tournament since being diagnosed with breast cancer 11 months ago.

He had not looked the same ever since.

A shattered world seemed at peace in the fading sunlight yesterday at the Masters, where Mickelson made one last birdie for a 5-under 67 and a three-shot victory over Lee Westwood.

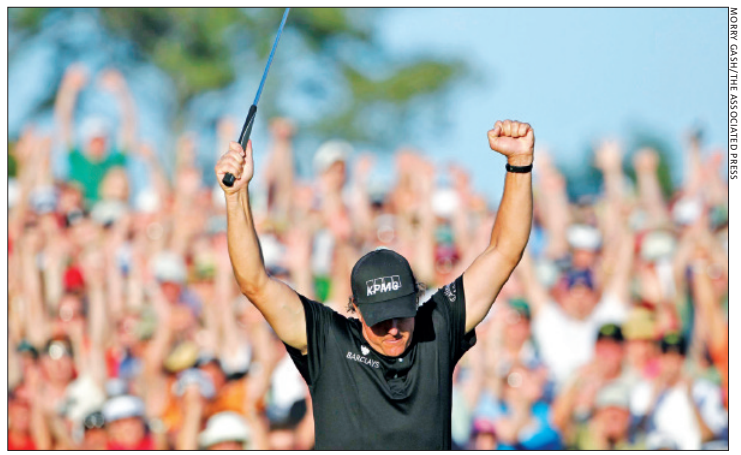
It was a forgettable final round for Canadian Mike Weir, who closed with a 5-over 77 to finish tied for 43rd.

The conclusion was far more emotional than anyone expected.

Mickelson shared a long embrace with his wife behind the 18th green, and as he walked to the scoring trailer to sign for the lowest score at Augusta in nine years, a single tear trickled down his cheek to his lip.

"We've been through a lot this year. It means a lot to share some joy together," Mickelson said, his voice cracking has he struggled to keep control. "It's been such an incredible week, an emotional week."

THE ASSOCIATED PRESS



MORRY GASH/THE ASSOCIATED PRESS

Phil Mickelson celebrates on the 18th green after winning the Masters golf tournament in Augusta, Ga., yesterday for the third time in his career. Tiger Woods finished fourth, five strokes back.

Fourth not good enough for Tiger

- Tiger Woods took little joy in finishing among the leaders at the Masters, even though by most standards his comeback will be deemed a success.
- When Woods strolled off the 18th green, having rolled in a birdie putt that only assured he would finish tied for fourth, he saw no reason to celebrate.
- He had finished five strokes behind winner Phil Mickelson.

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International-student applications to U.S. grad schools up seven per cent
Applications from foreign students to graduate schools in the U.S. are up seven per cent over last year, according to a new survey from the Council of Graduate Schools. Numbers from China are up 19 per cent. METRO NEWS SERVICES

Workology

Reverse plagiarism?

A University of Regina engineering professor has been accused of plagiarizing a former student's work and trying to publish it in an academic journal. When the graduate submitted a paper for publication to the journal in the summer of 2008, he was informed his submission resembled another paper received six months earlier, which listed the student's academic supervisor and three other people as authors. The university's investigation is private at this point. CBC NEWS ONLINE

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

An artist at the centre of sport

Odd**Jobs**

David Arrigo painted every Canadian gold medal winner at the Vancouver 2010 Olympic Games.

David Arrigo failed Grade 9 art. It bored him. Instead Arrigo, who's now 40, used toothbrushes and any old paint he could find to decorate friends' jean jackets.

Arrigo liked art enough by the end of high school to enrol in a college program for graphic design management. But he dropped out of the program and started taking odd jobs.

He was loading trucks when a former girlfriend — whom he'd long ago painted a jacket for — told the restaurant where she was working about Arrigo. They wanted a wall mural and offered him the job.

He covered the four-foot by four-foot wall with a jazz-themed scene, and the owners loved it. Soon, he was getting mural commissions all over Toronto and within a few months quit his other job.

Around this time, Arrigo picked up a mural painting book in an art supply store. "I got a quarter way through it, and then I tossed it. I can do my own thing." He still refuses to look at art books.

In 1999, he convinced staff at Wayne Gretzky's restaurant to let him paint a massive mural. Around the time he finished the 80-foot by 30-foot piece, Gretzky announced his retirement and was inducted into the Hockey Hall of Fame. Arrigo was asked, at the last minute, to do a mural for the induction ceremony.

Arrigo proved himself by whipping off the piece in 30 hours (the paint was barely dry for the event). That soon led to a commission to do an 18-foot by seven-foot mural of the Leafs that still hangs in the Air Canada Centre today.

A huge hockey fan who began skating at age three, painting hockey greats and other sports scenes was no problem for Arrigo.

He's now gone to two Olympics — including Vancouver, where he painted all the gold medal winners — numerous Super Bowls and NASCAR races, among other events.

Meanwhile, about three years ago, he painted his first goalie mask for Mike Smith of the Dallas Stars. The helmet covered with the Grinch (it was the holiday season and the Jim Carrey movie had just come out) worked out well. He's now done masks for 14 NHL goalies.

Whenever he's hired for a job, Arrigo does a rough sketch of what he plans to do. Once he's working on the mural, canvas or mask, he photographs his work at every stage and sends them to his client.

Arrigo uses acrylic paints to minimize fumes — he'll wear a mask when he's in his studio. But he often paints in public at sports event so passersby can watch him wield his airbrush and turn his favourites sports ideas and icons into art.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

The **Lowdown**

Job title: Sports artist
Salary: "It varies, but I'm able to have a good lifestyle and do lots of travelling."
Education: Self-taught
Best Part of the Job: "Interacting with people, I love that."
Worst Part of the Job: "Watching paint dry."

Workology in **brief**

STUDENT FIGHTS FOR DEGREE
A University of Ottawa student barred from campus used last week's on-campus appearance by a free-speech advocate to highlight his own battle to finish his degree. Mark Kelly e-mailed students last Wednesday encouraging them to hear him speak at the same time the guest speaker was set to talk about freedom of expression on Canadian university campuses. Kelly was a research assistant to physics professor Denis Rancourt, who was fired last year over a grading dispute. Around the time of Rancourt's suspension and dismissal, Kelly was arrested at a university senate meeting while attempting to videotape the proceedings. Kelly says he needs to complete three more courses to finish his degree.

MCMASTER OPENS MED SCHOOL CAMPUS IN KITCHENER Last Wednesday marked the official opening of the Waterloo Regional Campus of McMaster University's Michael G. DeGroote School of Medicine, located at the Downtown Kitchener Health Sciences Campus of the University of Waterloo. Located next to uWaterloo's School of Pharmacy, the $23-million facility integrates learning and health care with a family medicine teaching centre and an eye-care clinic.

KINGSTON CONTRIBUTES $6 MILLION TO QUEEN'S PERFORMING ARTS CENTRE
Kingston city council has approved a $6-million contribution towards Queen's University's Isabel Bader Centre for the Performing Arts. The municipal investment was crucial to obtaining $30 million in funding from the federal and Ontario governments for the $63-million centre.

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Layoffs at FNUC

A reported 25 casual and temporary workers at the First Nations University of Canada were laid off last week as part of efforts at the institution to address an estimated $300,000 monthly deficit. METRO NEWS SERVICES

Most tax rebates to be used paying debt

According to a new CareerBuilder survey, more than half (56 per cent) of workers report they will use their tax return to pay off bills that have accumulated.

Tax returns can be a needed income boost for cash-strapped workers.

Nearly eight-in-10 (78 per cent) said they currently live paycheck to paycheck; up from 61 per cent who said the same in May 2009. In addition, economic pressures have resulted in some workers downsizing their investments to help make ends meet.

"Workers' wallets are still feeling the ripple effects of the past year," said Rosemary Haefner of CareerBuilder. "In addition to scaling back their investments and cutting back on expenses, workers are using their tax returns to help supplement their incomes. Our survey indicates that more workers plan to spend their refunds on everyday expenses than on savings or other items."

While many workers indicated that they will use their tax returns to tackle bills, others said they will use their refunds for the following:

- Put into savings;
- Make home improvements;
- Go on vacation;
- Pay back money I owe to people;
- Invest it;
- Buy a car.

This survey was conducted by Harris Interactive on behalf of CareerBuilder.com among 5,231 U.S. workers (employed full-time; not self-employed; non government); ages 18 and over.

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- Arts culinaires
- Services policiers, services d'incendie et soins paramédicaux (911)
- Environnement
- Architecture et génie civil

Notre 2e édition des Camps d'exploration de carrières aura lieu durant les deux premières semaines de juillet, soit la **semaine du 5 juillet et la semaine du 12 juillet**, de 9 h à 15 h. Chaque camp, **au coût de 125 $**, est d'une durée de 5 jours. L'inscription pour les camps débutera le 22 mars et se terminera le 28 mai.

Pour plus d'information, communiquez avec Jocelyne Agnew
campscarrieres@lacitec.on.ca | 613 742-2483, poste 2891

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Le Collège des meilleures pratiques

Ryerson prof helps to break cycle of poverty

EDUCATION Rona Abramovitch, founder of several of Toronto's Ryerson University outreach programs, which encourage low-income teens to set their educational sights high, has won this year's YWCA Women of Distinction Award for Education. She won for her work setting up programs that break the cycle of poverty by helping people on the margins earn a post-secondary credential.

More than 300 people have received one-on-one counselling over the past 18 months through Abramovitch's Spanning the Gaps programs designed to help people overcome educational roadblocks, from academic to financial to personal.

"More affluent families can afford to hire a tutor and have computers at home with broadband and let the children have their own room to study in," said Abramovitch. "But marginalized students need help bridging the gap; sometimes just a stepping stone — and sometimes a life raft."

TORSTAR NEWS SERVICE

Workology in **brief**

TUITION REBATE Last week, the Manitoba government announced the new Tuition Rebate Advance will come into effect on Aug. 31. At that time, the province's 60 per cent Tuition Fee Income Tax Rebate will be enhanced to allow students who are Manitoba residents to claim up to five per cent of their tuition each year before they graduate. The maximum annual advance limit is $250 in 2010, increasing to $500 in 2011 with a maximum limit of $5,000.

METRO NEWS SERVICES

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Kitchener/Waterloo fares are one way. Other advertised fares require advance purchase, round trip travel and Saturday night stay. Lowest fares to all destinations are for departures on Tuesdays, Wednesdays, Saturdays and select holidays through September 15, 2010. Taxes and surcharges are extra. Call for full details. Visit www.bearskinairlines.com for info on 8% tax savings. Certain businesses will have to self-assess the Ontario portion of the HST (OHST) where the ticket was sold prior to May 1, 2010 for travel that begins on or after July 1, 2010.

Moyer dishes on Paquin romance

Stephen Moyer, who is engaged to True Blood co-star Anna Paquin, blames HBO for their relationship in a Details magazine article. "They put us in the same hotel ... The attraction was there, so it was a matter of whether we acted on it or not." POPEATER.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Junos carry the torch

This year's Junos hope to borrow some of the magic of the Vancouver Olympics.

Executive producer John Brunton says the show will look to connect with a country still on a high from the Games and might even incorporate some of the production tricks seen during the opening and closing ceremonies.

So, we'll see K'naan mingling with killer whales? Drake navigating cracking, splintering ice floes?

Not quite.

But the Junos will employ the same Quebec company that did projection work at the Olympics festivities, and Brunton says that the awards show will try to carry on the same spirit of Canadian patriotism that permeated the Games.

"We're trying to ride the wave — this tidal wave — of Canadian enthusiasm and patriotism that's come out of the Vancouver Olympics," Brunton, the mastermind behind Canadian Idol and Battle of the Blades said in a telephone interview.

Justin Bieber is one of nine acts set to perform Sunday on CTV's broadcast of the Juno Awards in St. John's, N.L.

The Juno Awards air Sunday on CTV

"I think the opening of the show has a real correlation with ... the whole vibe that came out of Vancouver. The whole sense of Canadians coming together in ways that we haven't really seen them do from a multicultural perspective and just a sense of pride."

Though Brunton is staying mum on most details for the show this Sunday, he says this year's instalment of the Junos will set a new technical standard for the venerable show.

He says viewers won't see the giant spouting orcas that captivated during the Games — "because we don't have as large a palette in terms of our stage" — but the Junos set will be "a great palette that can transform itself over the course of the nine acts in the program."

Those acts include Drake, Justin Bieber, K'naan, Billy Talent, Blue Rodeo and Michael Buble, who carries a leading six nominations into Sunday's festivities in St. John's, N.L.

THE CANADIAN PRESS

					7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
4/12/10	primetime	265	353	2	TVO	Victorian Farm		The Agenda With Steve Paikin		Midsomer Murders		Empire of the Word		Agenda-Paikin
		211	331	3	GTV	Entertainment	ET Canada	House "Lockdown" (N)		24 (HDTV PA) (N)		NCIS: Los Angeles		News Hour
		-	-	5	SRC	Virginie (SC)	Belle-Baie (N)	Le Verdict: c'est votre opinion		Louis-José Houde		Le Téléjournal Nouvelles. (SC)		TJ Ontario
		209	342	6	CHRO	Degrassi: TNG	TMZ (N)	Dancing With the Stars (HDTV) (Live)				(10:02) Castle (N)		Comedy Now
		196	311	7	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami (N)		CTV News
		208	303	8	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Winnipeg Comedy		CBC News: The National		The Hour
		-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	Chuck (HDTV)		Trauma "Frequent Fliers"		Law & Order (HDTV)		News
		117	713	10	TVA	Rachid	Top Bloopers	Ma maison Rona (N)		Teste sur des humains (N)		TVA nouvelles	(10:45) Denis Lévesque	
		-	-	11	QS	Big Brother QC	Rire et délire	CSI: NY (N) (SC)		Le Mentaliste (SC)		L'Attaque à 5 (N)		Big Brother QC
		137	763	12	TFO	Panorama		Le Big Bang, mes		(9:01) *L'Amour par terre* (1984, Com. dramatique) Geraldine Chaplin.				
		-	362	13	CBS	The Insider (N)	Judge Brown	How I Met	Engagement	Two/Half Men	Big Bang	(10:01) CSI: Miami (N)		Two/Half Men
		216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
		214	344	15	CITY	Law and Order		How I Met	How I Met	Trauma "Frequent Fliers"		Chuck (HDTV)		News
		115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
		218	345	18	CHCH	*Dirty Dancing: Havana Nights* (2004, Romance)		*Goldfinger* ★★★★ (1964, Action) Sean Connery, Gert Frobe.						News at 11 (N)
		-	361	20	ABC	Action News	Entertainment	Dancing With the Stars (HDTV) (Live)				(10:02) Castle (N)		News
		512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
		651	355	25	CTS	Little House on the Prairie		Father Dowling Mysteries		100 Huntley Street		Life Today	This Is Day	John Hagee
		-	365	36	FOX	TMZ (N)	Seinfeld	House "Lockdown" (N)		24 (HDTV PA) (N)		FOX 2 News (N)		News
		-	-	64	PBS	Business Rpt.	Wings-Canada	Antiques Roadshow (N)		American Experience		Remembering the Holocaust		Charlie Rose
		205	312	104	CTV	etalk	Access H.	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	(10:01) CSI: Miami (N)		CTV News
	news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley (N)		CBC News: The National		Sex Crimes and the Vatican		National
		500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV) (N)		
	sports	406	417	27	net	MLB Baseball Chicago White Sox at Toronto Blue Jays. From Rogers Centre in Toronto.						Hockeycentral (HDTV) (Live)		
		126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
		400	280	30	TSN	That's Hockey!	NBA Basketball Toronto Raptors at Detroit Pistons. (HDTV) (Live)					SportsCentre (HDTV) (Live)		
		410	403	52	SCR	RaceNight				(9:15) WWE Monday Night RAW				Score Now
		411	457	56	OLN	Ghost Hunters		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters		Destin. Truth
		417	406	59	SC	NASCAR	NASCAR Hub	Fast Track to Fame (HDTV) (N)		Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy (N)
	family	554	544	48	TEL	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad	Futurama	Robot Chicken
		557	540	51	FAM	Sonny-Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory in House	That's-Raven
		551	542	65	YTV	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Things I Hate	Family Biz	To Be Indie	Prank Patrol
	cable variety	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Behind the Music "Pink"		G. Simmons
		615	520	31	A&E	Criminal Minds (HDTV)		Intervention "Robby"		Intervention Ashley. (N)		Runaway Sq.	Runaway Sq.	Runaway Sq.
		628	584	32	SPKE	UFC Unleashed		The Ultimate Fighter (HDTV)		TNA Wrestling (HDTV) (N)				(11:08) Jail
		521	560	34	TLC	Little People	Little People	Little People	Little People	Ultimate Cake Off (N)		Cake Boss	Cake Boss	Little People
		145	761	35	TV5	Un village français		Lénine: secrète		Gorbatchev, à visage		Zoom animal		TV5 Le Journal
		616	521	39	SHO	Relic Hunter		*Odysseus and the Isle of the Mists* (2008, Fantasy)				Misfits (HDTV) (N)		Survivors
		620	523	40	BVO	Decoding the Undertow		Ballet Girls Ballet.		*ShowBusiness: The Road to Broadway* ★★★ (2005)				Law & Order
		520	505	42	DIS	Daily Planet (N)		Cleopatra: Portrait of a Killer		Dirty Jobs (N)		Motor City Motors (N)		Daily Planet
		575	583	43	CMT	Due South		Amer. Funniest Home Videos		According-Jim	According-Jim	*Michael* ★★★ (1996, Drama) John Travolta.		
		601	562	45	SLC	Rich Bride Poor Bride		Bulging Brides	Bulging Brides	Rich Bride Poor Bride		The Millionaire Matchmaker		ET Canada
		625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Gilbert Gottfried: Dirty Jokes		Daily Show
		294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: Special Victims		Seinfeld	Name Is Earl	*In the Mix*
		600	564	49	H&G	House Hunters	Property Virgin	For Rent	Bang, Buck	Home to Flip	Marriage	House Hunters	House Hunters	Holmes/Homes
		627	528	50	SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		*Locusts: The 8th Plague* (2005, Science Fiction)				Stormworld
		581	566	53	MTV	After	Cribs	Cribs	Teen Cribs	Taking, Stage	My Life as Liz	My Life as Liz	After Show	MTV Live
		618	524	54	TROP	Re-Vamped		Wipeout		Wipeout (N)		Parking Wars	Parking Wars	Prod. Parker
		522	506	55	HIS	Dogfights "Air Ambush"		Aftermath "Red Giant"		Ancient Weather (N)		Cities of the Underworld		Ancients-Badly
		129	773	60	CD	Biographies "Demi Moore"		Les Grands travaux (HDTV)		J'ai frôlé la mort (HDTV)		Motards hors-la-loi (HDTV)		Ondes de choc
		261	394	61	V	Murder, She Wrote		Eyes Down	Wait for God	Blue Murder		Unscripted (N)	Naked	Poltergeist
		602	567	62	W	Supernanny		How Clean Is	How Clean	Love It or List It		Love It or List It		Confidential
		269	350	70	APTN	Mishkuenita	Shaputuan	Né dans la neige		*Vipères* (2002, Suspense) Jessica Paré, Sarain Boylan.				Shaputuan
		621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
		603	561	95	FN	Ricardo	David Rocco	Best Thing	At the Table	Kitchen Nightmares		Pitchin' In	Glutton	Best Thing

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Those TLC cheques must have finally stopped
New reports cite Jon Gosselin as "definitely open" to landing a co-starring role in his ex- wife's new TV shows Twist of Kate and Kate Plus 8, TMZ reports. METRO NEWS SERVICES

Celebrity Buzz

A monster's garage full of mistresses?

AND PACKED WITH BOXES OF LIES Reports of an alleged fifth mistress for Jesse James suggest the Monster Garage host was more involved with affairs than perviously thought.

"She had a full-on relationship with Jesse," a source says of the woman, who wishes to remain unidentified, according to Radar Online.

"Jesse got a house for this woman and she said he paid the rent on it every month.

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A quick in and out

MARRIAGE IS LIKE JUMPING INTO A COLD LAKE OR A PAN FULL OF HOT OIL On Friday's Oprah Winfrey Show, Kenny Chesney opened up about his quickie marriage to Renée Zellweger, usmagazine.com reports.

After just four months of dating, the two shocked fans when they wed in May 2005 in a barefoot-on-the-beach wedding. Four months later, Zellweger filed for an annulment, citing "fraud."

"I panicked," Chesney, 42, told Winfrey. "I look at my life as a box. So everything that I put in — learn how to play guitar, put that in the box — the friends I made, I put that in the box ... and my career grew.

"Everything around me — all of the awards and all of the songs I wrote and all the success and everything — I put in that box."

Asked whether their marriage was in or out of the box, Chesney replied, "It was out of the box. Oh my God, but it's tough. It really is tough. And she's a sweet soul, no doubt about it, but I just wasn't ready."

METRO NEWS SERVICES

A painful boobie trap

SHOULD THEY STAY OR SHOULD THEY GO? Amy Winehouse found herself back in the hospital again, but this time it had nothing to do with drinking or drugs.

The troubled singer was in immense pain thought to be related to a recent breast augmentation, sources tell the Sun.

"Amy was in agony and became convinced it was something to do with her boobs," a source says. "She thought she would leave it for a while but the pain got worse. She went into the clinic and they kept her under observation. She is waiting for a decision on whether the implants have to come out or not."

METRO WORLD NEWS

One and a half men?

THAT JUST SOUNDS SILLY Charlie Sheen is speaking out to clear the air about rumours he's leaving Two and a Half Men over a salary dispute.

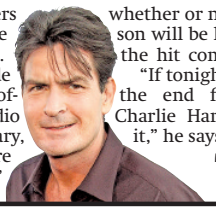
"All of the numbers reported in the press are false. Claims from 'inside sources' regarding offers from the studio as well as my salary, on their best day, are without merit," Sheen says in a statement to People magazine.

"In no way has this been a hasty or negligent 11th hour surprise."

But Sheen doesn't say whether or not this season will be his last one the hit comedy show.

"If tonight's show is the end for me as Charlie Harper, so be it," he says.

METRO WORLD NEWS



Follow these celebrities on Twitter...

CelebTweets

JAMES VAN DER BEEK is going to be a father, **TYRA BANKS** is committing a fashion faux pas, and **PARIS HILTON** is dealing with a drenched phone.

@vanderjames Yes, it's true — the woman I love and I are expecting our first child... currently experiencing joy on levels I never knew existed. @tyrabanks I think I'm gonna wear the same outfit today as I did yesterday... shhhh! I really liked it!!! Have you ever done that? @ParisHilton Tried drying my blackberry with my blow dryer. Phone is still dead, brutal. I give up, hopefully it will dry out on it's own overnight.

METRO NEWS SERVICES

Nothing says love like a safe landing

HEY, BABY, WHAT'S YOUR WING SPAN? Hilary Swank surprised her boyfriend by giving him a lift during one of her flight lessons, femalefirst.co.uk reports.

The actress — who recently portrayed aviator Amelia Earhart in Amelia — took a detour during her training for her pilot's license, cancelled partner John Campisi's flight and took her plane to pick him up instead.

"I absolutely love flying. I picked up my boyfriend from a meeting in Las Vegas," she says.

"I said to my instructor, 'Can we pick my boyfriend up?' and he said, 'Sure.' So we flew to Vegas and showed up at the airport.

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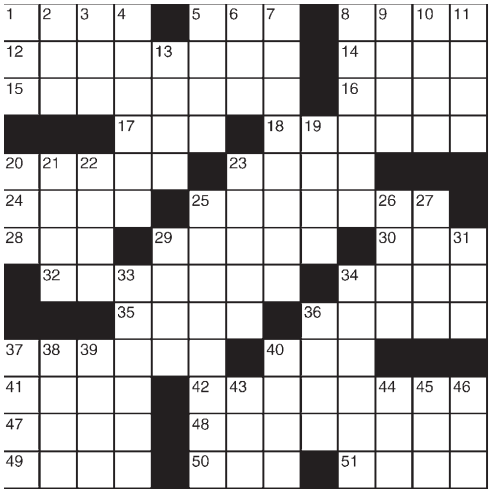
Take Five



ACROSS

1 Often-dunked cookie
5 Away from NNW
8 Dog's feet
12 Not paraphrased
14 Last write-up
15 Hole
16 Depend (on)
17 Charged particle
18 "Shake, — and Roll"
20 Witch trial town
23 Trigonometric function
24 Persia, today
25 New Zealand bird, e.g.
28 Poorly lit
29 Poker table pronouncement
30 Joan of —
32 Suitable
34 Spill the beans
35 Humdinger
36 Baby kangaroos
37 Beverage of the gods
40 Prepared
41 Beige
42 Hunger
47 Stay away from
48 Strangled
49 Mary — Lincoln
50 TV Tarzan Ron
51 "A — home is his castle"

DOWN

1 Eggs
2 Agent, for short
3 Before
4 "Tonight Show" host, briefly
5 Dazzle
6 Knight's address
7 Retired
8 "Anything Goes" composer
9 Help in wrongdoing
10 Volition
11 Eyelid problem
13 Fermi's bit
19 Working without —
20 Comedian Caesar
21 Operatic solo
22 Genie's home
23 Animal track
25 Electrical strength
26 Harvard rival
27 Picture of health?
29 New Rochelle college
31 Letterman's network
33 Plump
34 Undersurface
36 Scoff
37 Bird's home
38 Reverberate
39 Gunky stuff
40 Agile
43 Chum
44 Call — day
45 X rating?
46 Sullivan and McMahon

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	2	9	6		8			3
		5	9	7	4			
	7		5					
		4				2	6	1
1	5	6				3		
					2		9	
			8	5	7	4		
8			3		6	5	1	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

7	4	2	3	6	9	5	1	8
8	1	5	7	4	2	6	9	3
3	9	6	5	8	1	7	2	4
1	7	3	2	5	8	9	4	6
6	2	4	9	1	7	3	8	5
5	8	9	6	3	4	1	7	2
2	3	7	4	9	5	8	6	1
4	5	8	1	7	6	2	3	9
9	6	1	8	2	3	4	5	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

Italian Summer Salad

INGREDIENTS:

250 g dried penne
2 tbsp extra virgin olive oil
1 tbsp lemon juice
1 garlic clove, crushed
1 small bunch fresh basil, finely chopped
200 g red and yellow cherry tomatoes, halved
150 g fresh mozzarella, cubed
200 g jarred roasted red peppers, cut into strips

METHOD:

1. Cook penne in pot of salted boiling water according to pack instructions, until al dente.
2. In large bowl, mix olive oil, lemon juice, crushed garlic and basil. Drain pasta. While still hot, put into bowl with dressing and toss. Set aside to cool
3. Season. Add vegetables and mozzarella and toss. Serve

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
As Wednesday's new moon falls in your sign you have every right to put your own needs first this week.

TAURUS ♉
APRIL 21-MAY 21
You are in a thoughtful mood at the moment, the kind of mood where you don't feel like interacting with other people.

GEMINI ♊
MAY 22-JUNE 21
The pace of life will pick up dramatically over the next few days, but that will only be a problem if you insist on doing everything yourself.

CANCER ♋
JUNE 22-JULY 22
As someone who respects the past you like things to stay as they are but that is not an option now. You must move with the times.

LEO ♌
JULY 23-AUG 23
Have faith in your own ideas and don't be afraid to stick your neck out and take a risk. You are on the right track.

VIRGO ♍
AUG 24-SEPT 22
The planets make it easy for you to approach people in positions of power. Let them know who you are and what you can do.

LIBRA ♎
SEPT 23-OCT 23
Ask yourself what you can do to make other people's lives more exciting and fulfilling this week.

SCORPIO ♏
OCT 24-NOV 22
Something you are working on would benefit from a second opinion, if only because you are too close to it and can't see the issues clearly.

SAGITTARIUS ♐
NOV 23-DEC 21
A new moon in the sympathetic sign of Aries this week means it is time you put your own interests first. What's best for you? Do it!

CAPRICORN ♑
DEC 22-JAN 20
Make a point of letting partners and loved ones make their own decisions this week. It might surprise you how well they cope.

AQUARIUS ♒
JAN 21-FEB 18
The approaching new moon suggests you will get more out of life by being co-operative than by being openly competitive.

PISCES ♓
FEB 19-MARCH 20
Have the courage to take risks this week, even though everyone around you is telling you to stick with what is safe. Trust your instincts.

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This day in history

1606: The Union Flag is adopted as the flag of Great Britain.
1633: The formal inquest of Galileo Galilei by the Inquisition begins.
1917: First World War: Canadian forces successfully complete the taking of Vimy Ridge from the Germans.
1945: U.S. President Franklin D. Roosevelt dies while in office; vice-president Harry Truman is sworn in as the 33rd President.
1955: The polio vaccine, developed by Dr. Jonas Salk, is declared safe and effective.
1980: Terry Fox begins his Marathon of Hope in St. John's, N.L..

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- km: 81618

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- km: 56801

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- 4WD, Load, A/C, Auto, Roof
- st: 29276
- km: 72907

$15,970
$142** Bi-weekly

06 Honda CR-V

- 4WD, Load, A/C
- st: 28602
- km: 100596

$15,450
$159* Bi-weekly

08 KIA Sorento

- Load, A/C, Auto
- st: 28495
- km: 19332

$18,850
$156*** Bi-weekly

07 Honda Civic

- Load, A/C, Std
- st: 28865
- km: 77988

$13,850
$123*** Bi-weekly

06 Acura CSX

- Load, A/C, Roof, Lthr
- st: 29259
- km: 83066

$14,780
$152* Bi-weekly

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07 Matrix XR

- Load, A/C, Auto
- st: 26930
- km: 57850

$14,980
$142** Bi-weekly

06 Mazda Tribute

- 4WD, Load, A/C, Auto
- st: 29410
- km: 99395

$10,980
$122* Bi-weekly

08 KIA Rondo EX

- Load, A/C, Auto
- st: 28667
- km: 44300

$14,950
$117*** Bi-weekly

06 Jaguar X-Type 3.0

- AWD, Load, Roof, Lthr
- st: 28469
- km: 63233

$23,870
$246* Bi-weekly

05 Toyota Echo

- A/C, Std
- st: 29414
- km: 96703

$7,450
$83* Bi-weekly

05 Pontiac Montana

- Load, A/C
- st: 90564-B
- km: 76478

$9,450
$105* Bi-weekly

05 Saturn VUE V6

- Load, A/C, Auto
- st: 28165
- km: 61692

$12,650
$130* Bi-weekly

06 Accord SE

- Load, A/C, Roof, Std
- st: 29324
- km: 89471

$12,890
$133* Bi-weekly

07 Mazda3

- A/C, Std
- st: 29278
- km: 73424

$10,670
$104** Bi-weekly

09 Grand Caravan

- Stow N Go, Load, A/C
- st: 29298
- km: 54737

$16,750
$131*** Bi-weekly

08 KIA Spectra

- Load, A/C, Auto
- st: 29343
- km: 61325

$8,950
$78*** Bi-weekly

05 Malibu MAXX LT

- Load, A/C, Roof, Auto
- st: 90564-B
- km: 76478

$8,950
$100* Bi-weekly

06 Honda Pilot EX

- 4WD, Load, A/C
- st: 28586
- km: 78558

$24,850
$256* Bi-weekly

09 Corolla CE

- A/C, Auto
- st: 28910
- km: 61227

$14,450
$113*** Bi-weekly

07 Ford F-150 Triton

- Load, A/C, Auto
- st: 29320
- km: 73318

$15,950
$141** Bi-weekly

10 Ford Mustang

- Load, A/C, Auto
- st: 29207
- km: 29348

$22,470
$176*** Bi-weekly

05 Sentra 1.8SE

- Load, A/C, Std
- st: 28269
- km: 87787

$6,450
$72* Bi-weekly

06 Pontiac G6

- Load, A/C, Auto
- st: 28959
- km: 71693

$9,350
$104* Bi-weekly

07 Mazda CX-7 Sport

- AWD, Load, A/C, Auto
- st: 28707
- km: 62279

$21,860
$194** Bi-weekly

05 Pathfinder

- 4WD, Load, A/C, Auto
- st: 28161
- km: 99339

$18,670
$213* Bi-weekly

09 Nissan Versa

- Load, A/C, Auto
- st: 29249
- km: 55744

$11,850
$103*** Bi-weekly

09 Toyota Camry LE

- Load, A/C, Roof
- st: 29295
- km: 31523

$19,860
$156*** Bi-weekly

08 Suzuki Swift

- Auto, A/C
- st: 29221
- km: 55490

$8,950
$78*** Bi-weekly

08 Cobalt LS

- A/C, Auto
- st: 29140
- km: 61031

$8,750
$76*** Bi-weekly

08 Santa Fe GLS

- 4WD, Load, A/C, Auto
- st: 28374
- km: 61951

$20,950
$164*** Bi-weekly

09 Lancer

- Load, A/C, Auto
- st: 29439
- km: 23181

$15,850
$124*** Bi-weekly

08 Honda Fit

- Load, A/C, Auto
- st: 29339
- km: 55238

$12,960
$102*** Bi-weekly

09 Pontiac G8

- Load, A/C, Auto, Roof
- st: 29271
- km: 37198

$22,850
$194*** Bi-weekly

08 Hyundai Accent

- Auto, A/C
- st: 29194
- km: 69385

$8,450
$74*** Bi-weekly

05 Pontiac Wave

- Load, A/C
- st: 27575
- km: 74681

$6,960
$77*†† Bi-weekly

09 Sebring

- Load, A/C
- st: 29244
- km: 56874

$11,950
$104*** Bi-weekly

09 Altima 2.5S

- Load, A/C, Auto
- st: 28318
- km: 32852

$19,850
$156*** Bi-weekly

07 Mazda5

- Load, A/C, Std
- st: 29258
- km: 90347

$11,850
$115** Bi-weekly

06 BMW 325 XI AWD

- Load, Lthr, Auto, Roof
- st: 28306
- km: 68321

$29,950
$309* Bi-weekly

07 Toyota Yaris

- Std
- st: 29044
- km: 77412

$8,350
$81** Bi-weekly

05 Saturn Relay

- Load, A/C
- st: 29036
- km: 70122

$9,340
$104* Bi-weekly

08 Eclipse GS Coupe

- Load, A/C Auto
- st: 28642
- km: 41699

$17,980
$141*** Bi-weekly

08 Sonata

- Load, A/C, Auto
- st: 28354
- km: 64132

$12,850
$101*** Bi-weekly

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